

Gus and Flora Kerasotes YMCA Pool Schedule

Marantz & Londrigan Competition Pool									
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday			
6am-7am Masters Lap Swim	7am-9am SPY (6 Lanes)	<u>6am-7am</u> Masters Lap Swim	7am-9am SPY (6 Lanes)	<u>6am-7am</u> Masters Lap Swim	7a-1200p SPY 12:00-3:30p Lap Swim	8-11:30am Lap Swim			
7a-345pm Lap Swim	6am-9am Lap Swim (2 lanes) 9-11am Lap Swim	7a-345pm Lap Swim	Gam-9am Lap Swim (2 lanes) 9-11am Lap Swim	7a-345pm Lap Swim					
	11am-12p Lap Swim Water Ex		11am-12p Lap Swim Water Ex		KEEP OUR CHILDREN SAFE To enter deep water				
	12p-345p Lap Swim	12p-345p Lap Swim		children under the age of 18 must pass a swim test. Coaching or swim instruction by individuals					
		not applicated by the Vie							

345pm-Close SPY

<u>DREN</u>

/im viduals not employed by the Y is not permitted.

The Hoogland Family Recreation & Therapy Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<u>6a-830a</u> Therapy	<u>6a-945a</u> Therapy	<u>6a-830a</u> Therapy	<u>6a-945a</u> Therapy	<u>6a-830a</u> Therapy		9 11:20
830a-930a Water Ex	945a-1045a Water Ex	830a-930a Water Ex	945a-1045a Water Ex	830a-930a Water Ex		8-11:30am Family Swim
930a-1p Therapy	1045a-1p Therapy	930a-1p Therapy	1045a-1p Therapy	930a-1p Therapy	<u>9-11am</u> Lessons	The Resistance area is only open to children during
1p-4p Therapy 2/3 Camp 1/3	1p-4p Therapy 2/3 Camp 1/3	1p-4p Therapy 2/3 Family 1/3	1p-4p Therapy 2/3 Camp 1/3	1p-4p Therapy 2/3 Camp 1/3	11am-3:30p Family Swim	Fri-Sun Family otherwise it is 18&UP.
4p-7:50p Lessons ONLY	4p-7:50p Lessons & Resistance Area	4p-7:50p Lessons ONLY	4p-7:50p Lessons & Resistance Area	4p-6:30p Family Swim		Resistance area closed on Monday and Wednesday.