



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

DOWNTOWN YMCA GYMNASIUM SCHEDULE

Effective 8/23/2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Full Court Open Gym 5:00-8:00am Full Court Pickleball 8:00-11:00am	Full Court Open Gym 5:00-8:00am Full Court Pickleball 8:00-11:00am	Full Court Open Gym 5:00-8:00am Full Court Pickleball 8:00-11:00am	Full Court Open Gym 5:00-8:00am Full Court Pickleball 8:00-11:00am	Full Court Open Gym 5:00-8:00am Full Court Pickleball 8:00-11:00am		
Full Court Noon Adult Basketball 11:00-1:30pm Full Court Open Gym 1:30-5:00p	Full Court Noon Adult Basketball 11:00-1:30pm Full Court Open Gym 1:30-5:30p	Full Court Noon Adult Basketball 11:00-1:30pm Full Court Open Gym 1:30-5:00p	Full Court Noon Adult Basketball 11:00-1:30pm Full Court Open Gym 1:30-5:00p	Full Court Noon Adult Basketball 11:00-1:30pm Full Court Open Gym 1:30-5:00p	Full Court Basketball 7:00am–3:00pm	Full Court Open Gym 1:00-3:00pm West Court Volleyball Open Gym 3:00-5:00pm
Full Court Basketball Practice 5:00pm – 8:00pm	Full Court Open Gym 5:00-5:30p West Court Basketball Training 5:30pm-6:30pm Full Court Pickleball 6:30-8:00p	Full Court Basketball Practice 5:00pm-8:00pm	Full Court Open Gym 5:00-5:30pm West Court Basketball Training 5:30-7:00pm Full Court Pickleball 7:00-8:00p	Full Court Basketball 5pm-7pm		

Open Gym – The gym is available for anyone to use during this time. Children ages 12 and under must always be with an adult or must use the Youth Court.

Noon Adult Basketball –Must be 18 years or older to participate in noon adult basketball. Follow posted East & West Court Rules.

Pickleball – No reservations are required. Members are welcome to play at no cost, while the fee is \$10 for nonmembers.

Reminder - Children ages 12 and under must always be with an adult or must use the Youth Court.

***Birthday parties can be booked on half of the gym on Saturdays. Please watch for signage on gym doors.**

Basketball training – Will have the West court 5:30-6:30pm on Tuesdays and 5:30-7:00pm on Thursdays from 8/27/24-11/1/24. If you have any questions you can contact Dayton at dburnett@springfieldymca.org

Staff may change schedule at any time to accommodate programming.