



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

KERASOTES YMCA GYMNASIUM SCHEDULE

Effective 10/3/2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
North Court Open Gym 5:00-9:00am South Court Pickleball 5:00-9:00am	Full Court Open Gym 5:00-8:00am	Full Court Open Gym 5:00-9:00am	Full Court Open Gym 5:00-8:00am	North Court Open Gym 5:00-7:00am South Court Pickleball 5:00-7:00am		
Full court Open Gym 9:00am-10:45am 12pm – 5:45pm Full Court Silver Sneakers 10:45am-12:00pm	South Court Pickleball 8:00am-11:00am North Court Open Gym 8:00am-5:00pm South Court Open Gym 11:00am-5:00pm	Full Court Open Gym 9:00am-5:00pm	South Court Pickleball 8:00am-11:00am North Court Open Gym 8:00am-5:00pm South Court Open Gym 11:00am-5:00pm	Full court Open Gym 7:00am-10:45am 12pm -6:00pm Full Court Silver Sneakers 10:45am-12:00pm	South Court Pickleball 7:00am-11:00am North Court Open Gym 7:00am-4:00pm	Full Court Open Gym 8:00-9:00am Full Court Badminton Club 9:00-11:00am Full Court Open Gym 11:00am-12:00pm
North Court Volleyball Clinic 5:45-7:45pm South Court Pickleball 6:00-8:00pm	Full Court Basketball practice 5:00pm-8:00pm	North Court Open Gym 5:00-8:00pm South Court Badminton Club 5:00-8:00pm	Full Court Basketball practice 5:00pm-8:00pm	Full Court Open Gym 6:00-7:00pm		

Pickleball – No reservations are required. Members are welcome to play at no cost, while the fee is \$10 for nonmembers.

Open Gym – The gym is available for anyone to use during this time. Children ages 12 and under must always be with an adult.

Reminder - Children ages 12 and under must be always with an adult.

Volleyball Clinic – This clinic will run 7/15/2024-8/26/2024. They will utilize the full court 8/26/2024. Please contact Jake Beams to join jbeams@springfieldymca.org

Girls on the run – In case of inclement weather South court available every Tue/Thu from 4:30-5:45pm. 9/2-11/ 24

Badminton Club – Members play for free, and nonmembers pay a \$10 drop-in fee. Please contact Jake Beams to join jbeams@springfieldymca.org

SPY swim meet – Will be using the gymnasium on Friday 10/11 starting at 3pm through end of day Sunday 10/13

Livestrong – Will use the east half of the North court on Tuesdays and Thursdays from 5:30pm -7:00pm.

***Birthday parties can be booked on half of the gym on Fridays and Saturdays. Please watch for signage on gym doors.**

Silver Sneakers – Will be using Full court from 10:45am – 12:00pm on Monday and Friday starting on 9/9/24.

Staff may change schedule at any time to accommodate programming.