



Pool Schedule

Marantz & Londrigan Competition Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>6am-7am</b> Masters Lap Swim	<b>6am-7am</b> SPY (2 Lanes)	<b>6am-7am</b> Masters Lap Swim	<b>6am-7am</b> SPY (2 lanes)	<b>6am-7am</b> Masters Lap Swim	<b>7a-1200p</b> SPY	<b>8-11:30am</b> Lap Swim
<b>7a-345pm</b> Lap Swim	<b>6am-7am</b> Lap Swim (6 lanes)	<b>7a-345pm</b> Lap Swim	<b>6am-7am</b> Lap Swim (6 lanes)	<b>7a-345pm</b> Lap Swim		
	<b>7-11am</b> Lap Swim		<b>7-11am</b> Lap Swim			
	<b>11am-12p</b> Lap Swim Water Ex		<b>11am-12p</b> Lap Swim Water Ex			
	<b>12p-345p</b> Lap Swim		<b>12p-345p</b> Lap Swim		<p><b>KEEP OUR CHILDREN SAFE</b></p> <p>To enter deep water children under the age of 18 must pass a swim test.</p> <p>Coaching or swim instruction by individuals not employed by the Y is not permitted.</p>	
<b>345pm-Close</b> SPY						

The Hoogland Family Recreation & Therapy Pool

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>6a-830a</b> Therapy	<b>6a-945a</b> Therapy	<b>6a-830a</b> Therapy	<b>6a-945a</b> Therapy	<b>6a-830a</b> Therapy	<b>9-11am</b> Lessons	<b>8-11:30am</b> Family Swim
<b>830a-930a</b> Water Ex	<b>945a-1045a</b> Water Ex	<b>830a-930a</b> Water Ex	<b>945a-1045a</b> Water Ex	<b>830a-930a</b> Water Ex		
<b>930a-1p</b> Therapy	<b>1045a-1p</b> Therapy	<b>930a-1p</b> Therapy	<b>1045a-1p</b> Therapy	<b>930a-1p</b> Therapy		
<b>1p-4p</b> Therapy 2/3 Family 1/3	<b>1p-4p</b> Therapy 2/3 Family 1/3	<b>1p-4p</b> Therapy 2/3 Family 1/3	<b>1p-4p</b> Therapy 2/3 Family 1/3	<b>1p-4p</b> Therapy 2/3 Family 1/3		
<b>4p-7:50p</b> Lessons ONLY	<b>4p-7:50p</b> Lessons & Resistance Area	<b>4p-7:50p</b> Lessons ONLY	<b>4p-7:50p</b> Lessons & Resistance Area	<b>4p-6:30p</b> Family Swim		
					<b>11am-3:30p</b> Family Swim	<p>The Resistance area is only open to children during Fri-Sun Family otherwise it is <b>18&amp;UP.</b></p> <p><b>Resistance area closed on Monday and Wednesday.</b></p>